

# FUNDACION BOLIVIA DIGNA

PRESENTATION **2018**



# WHO ARE WE?

Bolivia Digna is an NGO based in **Cochabamba, Bolivia**, founded in 2006. Our objective is to promote and defend the rights of children, adolescents and other vulnerable social groups living in exclusion and poverty.



Since 2006, we have been developing programs aimed at social development, the prevention of violence, the protection and defense of children victims of violence, education in Human Rights, responsible leadership and Christian values. We run several projects that, while assisting the target group, also has the aim of promoting and instilling a culture of volunteering.



In 2014, Bolivia Digna opened **its own two centers in disadvantaged communities** of the outskirts of Cochabamba where we work every afternoon from Monday to Friday.

Over the years, Bolivia Digna has built strong partnerships with other organisations with the same objectives, in order to support a broader population of children and teenagers in needs. In addition to our projects, we support an organisation working with children who have at least one parent in prison and an organisation that works in a children's hospital. The idea in all of these projects is to support children and teenagers through informal education, games, sport and make them smile.



# OUR ACTIVITIES

## BOLIVIA DIGNA COMMUNITY CENTERS

Since 2014 Bolivia Digna has been working in communities. From a mobile school and sports equipments, has created its own centers with recreative activities for children aged 2 to 18 years old. We are now on-site every afternoon from Monday to Friday.



### Our activities in the community centers



- **Pre-school:** we take care of children in between 2 and 6 years-old doing recreational and educational activities with them (e.g. teaching numbers, reading stories, playing in the park, etc.).
- **English school:** we organise twice a week English classes with games in order to improve the children's education and also to let them gain confidence in practicing and speaking another language.
- **Homework help:** every day some children are coming to the centers with their homeworks. We support and motivate them explaining their studies.
- **Sports school:** many children and adolescents have an interest in sport. We aim to help increase the self-esteem of young people by using sport as a tool to teach values.



- **Creative projects:** it is the moment for the children to learn skills and demonstrate talents that are not immediately "useful" or lie outside the formal school curriculum. We fill these gap by running projects which try to captivate, entertain and inspire the children.
- **Health and Nutrition:** many of the children live in communities or housing that lack clean water for drinking. Their diet is often very poor and the hygiene standards are generally low. We try to improve the immediate situation for the kids and educate them at the matter.
- **Community projects:** in general, anything that benefits the community benefits the kids. We therefore initiate, facilitate or otherwise assist with projects that improve the living conditions or status of the communities.



# OUR ACTIVITIES

## CHILDREN'S HOSPITAL

Our partner is an organisation composed by only volunteers but they are not part of the medical staff. In different sectors (pediatry, surgery, oncology, or burns) the organisation is working directly with the children, playing games so that they can better overcome the pain and their stay.

The organisation mainly needs help with:

- Working with children every day (in the mornings)
- Fundraise for medicine to help the children
- Fundraise for games, puzzles, books for the activities



## SCHOOL AND ORPHANAGE IN SANTA CRUZ

### LA SALLE PROJECT

In **Santa Cruz**, you can work with children and teenagers (12-25 years-old) in an orphanage for children located in La Salle high-school. The orphanage is looking for improving the education and training for the kids but also bettering the use of the space and renovating some parts of the building.

The volunteer can help in:

- Communication and fundraising for the school and the orphanage
- Education
- Management of the structure
- Psychology support





## DAY-CARE CENTRE

### CHILDREN WITH AT LEAST ONE PARENT IN PRISON

Located right in front of the prison itself, our partner, the day-care center, is providing support to children aged 4 to 18 years old from Monday to Friday, all day long. Most children have lived in prison as it was allowed by the Bolivian government until 2016, and now only small children (until 6) with no other option can stay there.

The day-care centre carries out a range of different activities in which volunteers can be involved including:

- **Pre-school:** small children who are not yet going to school can be in the center all day long doing games and recreative activities.
- **Homework help:** older children have time slots dedicated to their homework and volunteers usually help and motivate them.
- **Recreative activities:** when they are not doing their homework, the educators, together with the volunteers, organise recreative activities (games, drawings, sports).
- **Nutrition:** the day-care centre provides the children breakfast and lunch as a lot of parents are not able to give them 3 meals/day.
- **Psychological support:** the day-care centre is working with psychologists to help the children, especially the ones who have lived in prison and/or who have been victim of violence.



## ORPHANAGE AND SCHOOL

### “CASA DE LOS NIÑOS”

We also support «Hogar Casa de los Niños», a community of 80 families with a total of more than 560 people. Casa de los Niños also has an Alternative School with more than 180 children. Many of the children have different abilities, others have been victims of violence, abandonment and lived in streets.

We try to support the orphanage and school with different projects:

- School Support in classroom
- Sports programs
- Emergency Fund for health and Social Assistance
- Food Bank

# VOLUNTEER WITH US!



As a volunteer with Bolivia Digna you can work directly with the children and make a difference as well as grow as an individual.  
**What seems little to you can mean the world to the children!**

We need people who will work directly with the children on our own projects or our partners' projects, but also to help us with administrative, management and communication tasks.

Volunteers and interns are essential for us and for the other organizations we work with. As a volunteer you can bring new ideas, new experiences and a culture that adds value to children, according to your skills and interests.



## Short / Medium term volunteering (1-5 months)

Short to medium term volunteers are directly involved in the work with the children and its preparation. You can work and focus on one of the following areas:

- **Work with small children** (pre-school) in the community centers and/or the day-care center;
- **Help the children of primary and secondary with homework** in the community centers, the day-care center or the orphanages;
- **Help with sports** in the community centers or in the orphanages;
- **Help with Creative Projects** (music, theater, dance, painting, circus arts, etc.) in the community centers, day-care center or orphanages;
- **Support the Program «We speak English»** in the community centers;
- **Help with games** with kids in all the different projects.

## Long term volunteering (6 months and more)

Long-term volunteers are directly working with children and teenagers, and/or involved in management work. You can work and focus on one or several of the following areas:

- **Responsible for the work with children** in the community centers;
- **Responsible for Arts and Sport Projects** in the community centers and/or the orphanages;
- **Managing the infrastructure** (renovation, painting, electricity, plumbing, gardening, etc.) at Bolivia Digna or in Santa Cruz;
- **Responsible of the administrative or team management** and implementation of projects at Bolivia Digna or in Santa Cruz;
- **Responsible of communication and fundraising** at Bolivia Digna;
- **Professionals** in the areas of Education and Health (doctors, nurses, physiotherapists, psychologists, etc.).

## Accommodation

We have **two communal houses**, where some staff members, interns and volunteers can stay. There, you can choose between a private / shared room, breakfast and lunch (from Monday to Friday) are included.

An other option available is the **Family stay**, where you will live with careful selected local families, there all the meals are included.

Anyway accomodation fees includes pick up and return to the airport, emergency assistance 24 hours a day, 7 days a week.



## How to apply?

If you are interested in joining Bolivia Digna, you can contact us directly by mail at : [info@boliviadigna.org](mailto:info@boliviadigna.org) and we will be pleased to answer to your questions.

## SUPPORT BOLIVIA DIGNA



There are a lot of things that are taken for granted in a developed world, but are lacking here.

We would love to extend and improve our operation in a number of ways. We want to increase the number of locations in which we operate. We would like to operate for more hours in the current locations. We would like the classrooms to be equipped with tables, chairs, whiteboards etc. We would like the kids to have the books, pencils, pens, rulers, etc. they need. We would like to give them a more substantial snack each day.

**We would like to give them a better life.**

For more information about how to support Bolivia Digna, please visit our website [www.boliviadigna.org](http://www.boliviadigna.org) or contact us.



## CONTACT US

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